



INCLUDES:

- One on One Session
- Combine Session
- One Solo (second solo for additional cost)
- Group Dance
- Free Summer Intensive Registration
- One Photo/Video Shoot (pictures included)
- Winter Intensive (Free Registration)
- Free Entry to MERAKI Open Classes

EVENTS:

- START DATE: Sept. 6th
- PHOTOSHOOT: Fall**
- CHRISTMAS PARTY: Dec.**
- WINTER INTENSIVE: Jan.**
- COMPETITION: spring**
- SUMMER SESSION: June-July**
- SUMMER INTENSIVE: July**
- WRAP PARTY: July**
- Group Solo Practices

A full calendar will be given out In August at our kickoff party!

***Required Events*

FULL TIME TRAINING

INTENT

The full time training program is for dancers serious about pursuing a career in dance, dancers trying to ask the question "is a career in dance something I want", or dancers who want a more fully immersed training program that challenges them as a dancer, artist, and person. Full time trainees must be homeschooled or have the flexibility to meet during the day several days a week.

ONCE A WEEK: one hour and forty five minutes

- Mentorship
- Artistic Development
- Progressing Ballet
- Sugarfoot Therapy
- Strength Training
- Technical Training
- Injury Prevention
- Social Media (Safety and Development)
- Solo development
- Goal Setting
- Guidance For Future Training

ONCE A WEEK: two and half hours combined

- Group Dances
- Guest Teachers
- Assistant Training
- Application of Leadership Skills
- Partnering Work
- Community Investment
- Competition
- Performance opportunities

SOLO:

- One solo is included in your tuition
- A second solo would include additional cost

SUMMER INTENSIVE: REQUIRED EVENT

This event is designed to highlight our full time students. They are given multiple teaching, assisting, and performance opportunities over the weekend. Our full time trainees are also asked to help with set up, tear down, registration, and more. This gives them an opportunity to really understand what it looks like to be a part of a touring event. There is prep work that takes place the week leading up to the intensive that they will need to be available for.

WINTER INTENSIVE: REQUIRED EVENT

This event is exclusive to our INTENT trainees. It includes one full day of leadership development and classes. That evening we will celebrate the dancers artistry with a showcase and live feedback from guest artists. This event is always a highlight our trainees season!